

Chair Games

6

Equipment needed: Appropriate number of chairs for each game

Time: 15 minutes

Activity details:

Stacks:

Everyone except the leader of the game sits in a circle on a chair. The leader makes a statement such as 'everyone with brown eyes' - Everyone with brown eyes then needs to stand up and move one chair to the left, sitting on the person on the chair to the left if necessary. When someone within a stack needs to move, everyone above them moves with them.

Example statements:

'everyone with... brown eyes, their hair in pig tails, a brother, with 5 people in their family...'

'everyone who... is 8 years old, is in year 1, goes to swimming lessons...'

Musical Chairs:

The chairs are set up in two rows back to back (one chair less than the number of players). The music is turned on, and the players walk around the chairs. When the music stops the players sit in the chairs. The player left standing is taken out of the game. The players all stand again and a chair is removed. The music is started again. This procedure is continued until only one person remains. This person is the winner.

Wave:

Everyone sits in a circle on a chair. One person is 'it' they stand in the middle (leaving their chair in the circle). A leader calls 'go', all the girls must move from one chair to the next in a clockwise direction. The girl who is 'it' must attempt to sit in the spare chair. The chairs will move backwards, continue to remind the girls to move them back towards the circle. Also keep the girls aware of where their hands are, otherwise they may get trapped between chairs.

